Annual Report 2016
July 1, 2015 - June 30, 2016
Residential Services
- Day One provides residential treatment in Buxton, Hinckley and Hollis, Maine to youth from all over the state.
- Day One recently increased our Residential Treatment capacity to 27 beds statewide for adolescents with intensive substance use concerns. The six-month residential program is open to Maine youth ages 13 - 18. Boys and girls are housed in separate locations.
- While at our Boys’ Residential Treatment program at Hinckley last year, 1 client received his high school diploma and 3 received their HiSET (state-issued high school equivalency credential.)
- 90 clients received residential treatment during this fiscal year.
- 31 clients received ongoing counseling and support through Day One’s Aftercare Services after completing the Residential or Youth Development Center programs.

Community-based Outpatient Services for Adolescents and Families
- 632 clients were served through: Substance Use Evaluation, Individual, Group, & Family Therapy, the Intensive Outpatient Program, the Homeless Youth Project, and School-based Services.

Prevention Services
- Natural Helpers of Maine is a peer-listening program that gives students a place to turn in times of stress, trouble or substance use. 158 students and 14 adult facilitators from 7 high schools in Cumberland and York Counties were trained.

Corrections Services
- Long Creek Youth Development Center - Day One staff provide comprehensive substance use assessments on every youth committed to the Center. Day One clinicians provide a continuum of treatment interventions including individual, group and family counseling. They are an integral part of the clients’ unit treatment teams and also engage in case management to assist the clients in community reintegration. 45 youth were screened and assessed for substance use, and 91 youth were treated for their substance use issues through this program. In total, 94 youth were served.
- Mountain View Development Center - Provides the same services as the Long Creek program. 84 young adults and 81 adults (ages 25+) were screened and assessed. 73 young adults and 67 adults were treated for substance use issues. In total, 133 young adults and adults were served.

Evidence-based Programming
- Day One programming incorporates several evidence-based practices to ensure that clients receive the most current and best services to meet their needs. These practices include The 7 Challenges; Adolescent Community Reinforcement Approach (A-CRA); Aggression Replacement Training (ART); Boys Council; Client-Directed Outcome-Informed Therapy; Cognitive Behavioral Therapy (CBT); Girls Circle; Motivational Interviewing; PRIME for Life (PFL); Prime Solutions, and Transition, Inspired, Empowered, Responsible (TIER) Program.
Leadership Transition:

David Faulkner retires after 32 years with Day One

During our 2016 fiscal year, Day One began a leadership transition when longtime Executive Director, David Faulkner, announced his plans to retire after more than 32 years with the agency.

Under David’s leadership, Day One worked in close collaboration with state government, non-profits, schools, corrections, hospitals, attorneys and families to advance its mission to dramatically reduce youth substance use and address mental health needs. In his 32 years with the agency, David fostered a culture of respect which contributed to staff longevity and low turnover. He has been a passionate advocate for children and adolescents.

In the past three decades Day One grew from a small treatment organization to an agency providing statewide prevention and treatment programs with 80 staff members. Its residential program, for example, grew from a single facility providing intensive treatment to young men, to three locations serving both teenage girls and boys from all over Maine. In partnership with Integrated Service Solutions, a collaboration of Maine agencies for which David served as Vice President and Treasurer, Day One adopted an electronic health record system to improve oversight and care coordination throughout the agency.

Day One’s Director of Residential and Corrections Services, Caroline Raymond, was selected by the Board to lead the organization during the search for a new Executive Director. Caroline has been a member of the Day One management team for over twenty years and provides continuity of leadership and organizational stability to the Day One staff, clients and community. She officially became our Chief Executive Officer in March of 2017.

Testimonials - Clients from Day One treatment programs regularly share their experience and their recovering lifestyle at schools, businesses, United Way rallies and civic organizations across Maine. This year clients provided 28 testimonials to approximately 3,145 community members.

Bonny Eagle Middle School is so thankful to have Day One residents visit our grade 7 health students. During our visits the Day One residents share their personal stories and struggles with substance use. This is an eye opening experience for our students. This visit aids in starting a difficult conversation that better helps these young kids understand addiction, and how they can avoid getting themselves into trouble with negative choices involving substances. The testimonials leave our students with understanding of real life consequences of the residents’ actions.

- Hilary Ventura
Bonny Eagle Middle School Health Educator

“I can’t believe he’s been through that and made it through and is here now!”

“I think that it’s really good that you come here and speak to us. It also must be really good for you in going through all this.”

- Bonny Eagle Middle School students
Day One Donors July 1, 2015 - June 30, 2016

**Leadership Circle: $1,000+**
- 23 Spring Street, LLC
- Anthem
- Bates College
- Camden National Bank
- City of Biddeford
- City of South Portland
- City of Westbrook
- County of Cumberland
- Sam L. Cohen Foundation
- Cross Insurance
- Maria & Kurt Ebrahim
- Jill & Gregg Frame
- ECAC of General Dynamics
- Gorham Savings Bank
- Healthy Androscoggin
- Ralph Hendrix
- Chris Herren
- Hub Furniture Company
- Interim Capital LLC
- Key Bank
- Cornelia Kittredge
- Cynthia Lamberton
- Donna LaNigra
- Macpage
- Maine Red Claws
- Martin’s Point Health Care, Inc.
- Beau Mears
- Dr. Cornelius & Suzanne McGinn
- Nancy & James McNulty
- Narragansett Number One Foundation
- Dianne Nason
- Norton Financial Services
- Northeast Laboratory Services
- The Smith Family Charitable Trust
- Systems Engineering, Inc.
- Taylor, McCormack & Frame
- TD Bank
- Town of Alfred
- Town of Cape Elizabeth
- Town of Falmouth
- Town of Kennebunk
- Town of Scarborough
- Town of Shapleigh
- United Way of Greater Portland
- United Way of York County
- University of Southern Maine Athletics
- UNUM
- Westbrook Communities That Care
- Anonymous

*Presents collected by TD Bank filled the conference room in December 2015.*

*Volunteers participate in the annual United Way of York County “Day of Caring” by helping to freshen up the landscaping at our Boys’ Residence in Hollis last spring.*

**UNITED WAY**

The support of the United Way is invaluable to Day One in so many ways. Thank you United Way of Greater Portland, United Way of York County, and United Way of Mid Maine!
Day One Donors July 1, 2015 - June 30, 2016

Community Supporters: $500+
Zander Abbott
AlliedCook Construction
Fred & Janet Bishop
Stephanie & Christopher Bowe
Emily & Alvin Bugbee Sr.
Cape Elizabeth H.S. Boys Basketball Boosters
Capital Hoops Classic
Douglas & Anne Cranshaw
Crossroads
Kevin & Michelle Freeman
Foundation House
GHM Insurance
Harvard Pilgrim Health Care
HM Payson
Intermed
Kennebunk Savings Bank
Law Offices of Doyle & Nelson
John Lowery
Ed & Betsy Manganello
Midcoast Warriors
National Distributors
Northeast Delta Dental
Ogunquit Playhouse
Paychex, Inc.
Pine State Trading Co.
Rotary Club of Biddeford-Saco
Dick Roy
Saco & Biddeford Savings Institution
Scarborough Police Department
South Portland High School
Town of Hollis
Town of Lyman
Town of Yarmouth
Unitil
Westbrook School Department
Thomas Whyte
Susan York-Wilbur
Larry Wold
Anonymous

Representative Bruce Poliquin visits our Boys’ Residence at Hinckley

L-R: Rebecca Howes, Director of Development & Public Relations; Megan Nickerson, Operations Coordinator (Boys’ Residence at Hinckley); Joanne Grant, Director of Boys’ Residential Services; Representative Bruce Poliquin, Maine’s 2nd congressional district; Tracy Morin, Program Coordinator (Boys’ Residence at Hinckley); Sam Warren, Day One Board of Directors.

Community Allies: $250+
Guled Abdullahi
David Betses
BEU
Matt & Courtney Campbell
Maxine Cameron
Compliments Gallery Staff
Michael D & Katherine Coster
Liz Cotter Schax
Crisis & Counseling Centers, Inc.
Jon Doyle
Genest Concrete Inc.
James Jackson
Tom Kane
Linda & Fred Kilar
Knights of Columbus
Leonardo's Pizza
Maine Academy of Natural Sciences
C.B. Mattson, Inc.
Frank & Susan McGinty
Diane Menario
Katherine & David Mount
Nappi Distributors
Opportunity Alliance
PCCI
Portland Boxing Club
RBC Wealth Management
William Ryan
Deanna Sanborn
William Schulz
Michael Seitzinger & Maria Cusick
South Portland Police Department
Southern Maine HealthCare
Strong Bodies, LLC
Town of Gray
Town of Standish
Town of Buxton
Town of Harpswell
Tri-Country Mental Health Services
Ellen & Jeff Van Fleet
Samantha & Kyle Warren
Anonymous
Day One Donors July 1, 2015 - June 30, 2016

Friends: $100 +
James Albert
Fred Andrews
Ethel Atkinson
Bob Ayotte
Ross & Jo Anne Babcock
Lilly Barros
Bob & Jill Blackwood
Larry Blaisdell
Stephen Booth
Dana Burleigh
Scott Burnheimer
Stephen Cannella
Diane & Dennis Carrillo
Andrea Cayer
Cinemagic
Stephen Colhoun
Dean Dakin
Christopher Emmons
John & Julia Fay
Peter Floros
Ben Geci
Katherine Gekas
Chief Edward Googins
Vance Huntley
Inn by the Sea
Ronald & Brenda Jackson
Arleen & Jack Jensen
Bruce Erwin Johnson
Kennebec Behavioral Health
Seth Kiernan
Vincent & Marcia Kola
Harry & Susan Konkel
Amelia Kurtz
Matt Lancaster
Raynard & Sandra Legendre
Mimi & Todd Mattson
Marc McDonald
Milestone Foundation, Inc.
Patrick & Linda Nicholas
Ellen Niewoehner
James Paul
Ted Pemberton
Bonita Preston
Roger & Elizabeth Prince
Rotary Club of Scarborough
Steven Rowe
Jeff & Susie Saffer
Linda Sanborn
Marianne Sensale-Guerin
Eileen Skinner
Graham Smith
Susan & Frank Soto
Tagan Vance
Margo Walsh
Mary Ward
Izzy Wiggins
Anonymous

Helpers: up to $100
Nancy Ansheles
Olida Arnoe
Jennifer & Jay Banks
Crisis & Counseling Centers, Inc.
Buxton Center Baptist Church
Ellen L. Belknap
Edith Blanchard
Diane & David Bourque
Peter Bowman
Haley Cail
Patricia Carignan
Christine Casterella
Kristen Cianelli
Cori Cianelli
Lawrence Cole
Donna Costello
Donald & Jeannine Couture
Shirley Damm
Bob Darling
Susan & Dan Davidson
Stephen deCastro
Catherine Desrochers
Nancy Dobie
Raymond Emery
Richard Farnsworth
Kristin Farrand
Chip & Laura Foye
George & Jane Gerrish
Barbara & Bob Gould
Steph & Nick Haiss
Thomas J. & Kerry Lee Hall
Hannaford Buxton
Sharon & William Hartl
Homer Hedrick
Susan Hedrick
Alison & Christopher Herrick
Randy & Rebecca Hill
Kevin Hogan
Jeffrey & Rebecca Howes
Thomas & James Kane
Senator Angus King
Sandra Kittridge
George & Darlene Koukos
Michele LaChance
Eddie Lamberts
Teymur Lazimov
Robin Legacy
Connie Lou Liguori
Brian Livingston
Andrew Lockwood
Melanie Loyal
Mark Ludzack
Gailen & Sandra Lyons
Colleen Mancini
Elizabeth Mares
Charles Martin
Scott McCatherin
David McDermott
Michael McKenney
Roy & Malinda McKinney
Guy Splettstoesser & Shauna Miller
Rebecca Millett
Bethany Mitchell
Linda Momorquette
Peter Montano
Colleen Nadeau
Nicholas Norton
William Olsen, Jr.
Carol Oster
Gearoid O'Sullivan
Timothy & Richard Ouellette
Doug Packard
Sandra Piechocki
Craig Piper
Margaret Puglisi
Suzanne Rendle
Darrell Rogers
Richard Roy
Edward & Jane Roy, DMD
William & Nancy Schad
Richard & Veronica Sheehan
Hanna Shibles
William & Carol Slippery
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Robert Small
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Rebecca Tarpinian
Debra Townsend
Judy Tripp
Linda Tyler
Maureen Vanuden
Sarah Verrier
Elizabeth Vezeau
Jessica Wakeling
Jorge Wessel-Viacava
Trish & Chris Yale
Erin Yarem
J. Fox & E.S. Zemer
Anonymous
Fiscal Year: July 1, 2015 through June 30, 2016

Revenue: $4,346,081

- Federal & State 48.8%
- MaineCare 36.5%
- Fundraising, Grants & Misc. 4.8%
- Program / Client Fees 5.9%
- United Ways 4.0%
- Fundraising, Grants & Misc. 4.8%

Expenses: $4,140,914

- Residential Treatment 45.7%
- Community Based 20.6%
- Management & General 15.4%
- Corrections 16.3%
- Fundraising 1.6%
- Prevention 0.4%

Day One Board of Directors

President: Dennis Carrillo, Law Offices of Doyle & Nelson
Vice President: Douglas P. Cranshaw, Retired
Treasurer: Zander Abbott, Maine Medical Center
Secretary: David Mount, Retired
Emily Bugbee, Anthem Blue Cross and Blue Shield
Andrea Cayer, Retired
Jill Frame, Yarmouth High School

Kevin Freeman, Martini Northern
Edward Googins, South Portland Police Department
Matthew Lancaster, Mr. Bagel
Dianne Nason, Key Private Bank
Rob Small, Wells Fargo
Samantha Warren, University of Maine
Susan York-Wilbur, Retired

Pictured Below: Day One’s Residential Treatment Locations
(L-R) Girls’ Residence at Buxton, Boys’ Residence at Hinckley, and Boys’ Residence at Hollis.
Keynote Speaker: Chris Herren
Chris is the subject of the ESPN documentary 30 for 30: Unguarded. He works to provide assistance to families affected by addiction and encourages others to stand up to drugs and alcohol.

Community Leadership Award: Dajuan Eubanks
Dajuan is President of the Maine Red Claws, a founder of Blue Wave Basketball, and a board member of the Boys & Girls Clubs of Southern Maine.

Community Vision Award: Senator Anne Haskell
Senator Haskell has been a tremendous advocate for substance use treatment services in the State of Maine.

Making a Difference Award: Ralph Hendrix
Ralph is the Chief Operating Officer at Macpage, and is a tireless and dedicated volunteer at Day One and a board member of the Boys & Girls Clubs of Southern Maine.

(L-R): Newly selected Day One CEO Caroline Raymond, board members David Mount and Jill Frame, former Boston Celtic and keynote speaker Chris Herren, board members Susan York-Wilbur, Andrea Cayer and Matt Lancaster

The mission of Day One is to dramatically reduce substance use and address mental health needs among Maine youth to help them live productive, healthy and rewarding lives.