Mission and Vision

Our mission is to improve the health of Maine by providing substance use, mental health and wellness services to youth and families. Our vision is that all Maine youth will have opportunities to realize their full potential to live productive, healthy and rewarding lives.

A Message from Day One CEO & Board President

Dear Friends,

Innovative and timely in its evolution, Day One has grown from a street clinic incorporated in 1973 to Maine’s leading provider of integrated care for youth and families. Our belief that everyone deserves the opportunity to realize their full potential is the vision that drives our work.

Maine suffers from generational substance use. Interrupting the cycle of substance use in families requires us to focus on the health and well-being of our youth and their families. Due to the complexity of substance use and the often unmet co-occurring mental health concerns, we recognize the benefit of enlarging the circle of care to include not only the whole person, but the whole family, for successful outcomes.

Day One remains committed to building a stronger and more expansive range of integrated services to meet the needs of youth and families in our State. We want to thank our partners and supporters that have joined us in this effort over the past year. We also want to invite those who are passionate about the health and well-being of our youth to join us in our efforts to build brighter futures for Maine youth and families.

Gregory Bowers
CEO

Zander Abbott
Board President

Board of Directors

Executive Committee
President: Zander Abbott
Vice President: Sam Warren
Treasurer: Rob Small
Secretary: Jill Frame

Board Members
Katie Bellerose
Emily Bugbee
Dennis Carrillo
Andrea Cayer
Doug Cranshaw
Kevin Freeman
Ed Googins
Andrea Lai
2018 Community Impact

- **2,790** People reached through testimonials by Day One clients
- **1,116** Mainers received Day One services
- **377** Youth and families engaged in Day One Outpatient Counseling services
- **220** Homeless youth received Day One services at the Preble Street Teen Center
- **217** Youth and adults received Day One services while incarcerated
- **165** Students were trained in Day One’s Natural Helpers peer listening program
- **97** Clients were served at Day One’s residential treatment houses
- **40** Teens attended Day One’s Intensive Outpatient program
Grant funding and major gifts are critical to helping us enhance, expand and maintain current programs and to develop new programs that meet the needs of the community. Additional funding also allows us to serve low-income clients that do not have alternative funding sources.

Day One thanks the following funders for helping us to create a brighter future for Maine families.

Developing strong relationships and collaborations are key to furthering our mission.

Throughout the year, Day One receives donations of goods and services for our clients, including handmade blankets, hygiene products, tickets to sporting events and other activities, as well as proceeds from fundraisers held on our behalf.
We received the largest foundation grant in our history, $338,000, from Next Generation Foundation. This funding and additional grants and donations supported a major initiative, the relocation of one of our residential treatment houses.

Additional funding for this project was provided by:

AGNES M. LINDSAY TRUST

DEADRIVER COMPANY

Shown above (clockwise from top left): front view of house, dining room, kitchen, and sunroom.
Integrated care for youth and families

Clients practice yoga to gain inner calm

Counselors support youth in achieving new goals

Teens embrace healthy, substance-free activities

Residents work together to learn real-world skills

Hope inspires gratitude

High-risk youth feel like part of the community

substance use & mental health treatment

wellness & prevention

early intervention

DayOne
44th Annual Celebration & Dinner

November 8, 2017   Troy Brown, Keynote Speaker   Marriott Sable Oaks

Troy presents autographed footballs to five of our major event sponsors.

Above: Emcee Gregg Frame talks with Troy Brown during their Fireside Chat.

Community Leadership Award winner Imad Khalidi of Auto Europe.

Dianne Nason is honored for her 18 years of board service. Pictured above with Board member Kevin Freeman.

Community Vision Award winner Margo Walsh of MaineWorks.

44th Annual Celebration Major Sponsors

Presenting Sponsor: KeyBank

Silver Sponsors:

BerryDunn  Citizens Commercial Banking  DeadRiver Company  Harvard Pilgrim HealthCare

MACPAGE  MEMIC  TD Bank  WEX

Bronze Sponsors:

Anthem BlueCross BlueShield  HUB  Norton  MAILINGS UNLIMITED  Marriott Portland at Sable Oaks  UNUM  Wells Fargo
Donors July 1, 2017 - June 30, 2018

**Leadership Circle: $1,000+**

- Diana and Mark Abbott
- Zander Abbott
- Agnes M. Lindsay Trust
- Allagash Brewing Company, Inc.
- Anthem Blue Cross and Blue Shield
- Anthem Foundation
- Arbonne Charitable Foundation
- Auto Europe
- Matt Beach
- Scott and Beth Boyer
- Bernstein Shur
- BerryDunn
- Emily and Alvin Bugbee, Sr.
- Camden National Bank
- Kathryn Burnham and Nathan Clark
- Diane and Dennis Carrillo
- City of Biddeford
- Citizens Bank
- County of Cumberland
- Dead River Company
  (The Mimi Foundation)
- Samantha Dimmick
- Diversified Communications
- Douglas and Anne Cranshaw
- Jon Donnelly
- Maria and Dr. Kurt Ebrahim
- Anna Edgerly
- Town of Falmouth
- Jill and Gregg Frame
- Genest Concrete Works, Inc.
- Gorham Savings Bank
- Jeff and Sonya Gorman
- John T. Gorman Foundation
- Hartt Transportation Systems, Inc.
- Harvard Pilgrim Health Care
- Ralph and Anne Hendrix
- HUB
- Dan and Sherry Hutchins
- Innovative Voice Solutions, LLC
- Carolyn Justice

- Jeffrey Kean
- KeyBank
- KeyBank Foundation
- Imad Khalidi
- Dr. Cornelius and Suzanne McGinn
- Mahaney Master Holdings
- Mailings Unlimited
- Rep. Donald Marean
- Martin's Point Health Care, Inc.
- MEMIC
- Narragansett Number One Foundation
- Dianne Nason
- Next Generation Foundation
- Northeast Delta Dental
- Tyler Patterson
- People's United Bank
- Pierce Atwood LLP
- Pine State Trading Co.
- Portland Marriott at Sable Oaks
- Quirk Chevrolet
- Town of Shapleigh
- sheJAMS, LLC
- Jane Smith
- Smith Family Charitable Trust
- Systems Engineering, Inc.
- Alexander and Sheila Szafran
- Taylor McCormack & Frame, LLC
- TD Bank
- United Way of Greater Portland
- United Way of Mid-Maine
- United Way of York County
- Unum
- Jane Wellehan
- Wells Fargo Foundation
- WEX
- Susan York-Wilbur
- Town of Windham
- Wipfli | Macpage
- Anonymous
Donors July 1, 2017 - June 30, 2018

Community Supporters: $500 - $999
Acadia Benefits
Bangor Savings Bank
Betsy and Dan Barrett
Fred and Janet Bishop
Michael Bourque
Marybeth Brennan
Crossroads
Walt Disney World
Jon Doyle
Drummond Woodsum
Terry and Clayton Farrin
Gen Three Foundation
GHM Insurance
Hannaford Supermarkets
Harrison Foundation
Jacquelyn Hedlund and Julien Murphy
Karen Hiser
Town of Hollis
Charlie Kean
Leonardo's Pizza
Maine Society of PeriAnesthesia Nurses
Ed and Betsy Manganello
Jerod Mayo
Katherine and David Mount
Pro Search, Inc.
RLC Engineering
Rotary Club of Biddeford-Saco
Rowe Ford Sales
Saco & Biddeford Savings Institution
Sanford Institution for Savings
Town of Scarborough
Strategies for a Stronger Sanford
Ellen and Jeff Van Fleet
Eric Vogell
Westbrook Communities That Care
Anonymous

Community Allies: $250 - $499
Andrea Adams
Scott Anderson
Town of Arundel
Brenden Beck and Bryan Rosenberg
Town of Buxton
Andrea Cayer
Dora Clements
Knights of Columbus
Crisis & Counseling Centers
Douglas DeJarnatt
Robert and Priscilla Demont
Jon Donnelly
EVO Payments International
John and Julia Fay
Good Will-Hinckley
Chief Edward Googins
Town of Gray
Great Northern Docks
James Hagan
Town of Harpswell
Hub Furniture Company
John Ingham
James Jackson
Bruce Erwin Johnson
Cornelia Kittredge
Andrea and Michael Lai
Law Offices of Joe Bornstein
Maine Medical Center
Maine Red Claws
C.B. Mattson, Inc.
Frank and Susan McGinty
MittelAsen LLC
Margaret McGaughey
Richard McGonagle
Mariah Monks
Stanis Moody-Roberts
Monique Murray
Brenda Piecuch
Portland Symphony Orchestra
Press Hotel
Rosalyn Siegel
Southern Maine Health Care
Rob Small
Mike and Sarah Sullivan
Tri-County Mental Health Services
Vigilant Capital Management
Samantha and Kyle Warren
Elizabeth Weeks
Wright-Ryan Construction
Anonymous
# Donors July 1, 2017 - June 30, 2018

## Friends: $100 - $249

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<tr>
<td>Steve Alpren</td>
<td>John Curran</td>
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<td>Ross and Jo Anne Babcock</td>
<td>Lynne M. Wilkie and Valerie Dahl</td>
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<td>Stephanie and Dr. Christopher Bowe Brandless</td>
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<td>Pete and Sheila</td>
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## Helpers: $1 - $99

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<tr>
<td>Stacey Aaronson</td>
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<td>Joseph Alberghini</td>
<td>Kathleen Cunningham</td>
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<td>Amato’s</td>
<td>Bruce Dunbar</td>
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<td>Elena Arango</td>
<td>The Egg &amp; I</td>
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<td>Van Ballantyne</td>
<td>Cindy Ford</td>
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<td>Dianne Bevilacqua</td>
<td>Matt Fox</td>
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<td>Larry Blaisdell</td>
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<td>Michael Boss</td>
<td>Jamie Michaud and Elizabeth Gattis</td>
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<td>Peter Bowman</td>
<td>The Good Table</td>
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<td>Browning Living Trust</td>
<td>Barbara and Bob Gould</td>
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<td>Donna Costello</td>
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<td>Jokers</td>
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We sincerely appreciate each gift given in support of Day One, and we have made every effort to ensure the accuracy of this listing, which reflects donations made from July 1, 2017 through June 30, 2018. Should you identify inaccurate information, please contact Rebecca Howes, Director of Development and Public Relations at (207) 808-5929 or rebeccah@day-one.org.
Revenue and Expenses FY18
July 1, 2017 - June 30, 2018

Revenues
- Federal & State $2,138,214 45.35%
- MaineCare $1,592,315 33.77%
- Fundraising & Foundations $534,086 11.33%
- Client & Program Fees $246,452 5.23%
- United Ways $203,724 4.32%
- Total Revenue $4,714,792 100.00%

Expenses
- Residential Treatment $1,797,360 41.51%
- Community Based $1,061,072 24.51%
- Juvenile Justice $693,372 16.01%
- Management & General $678,285 15.67%
- Fundraising $82,510 1.91%
- Prevention $17,262 0.40%
- Total Expenses $4,329,861 100.00%

United Way Funding
We are so thankful for the generosity of the United Way, a tremendous supporter of our work throughout Maine.

United Way of Greater Portland
United Way of Mid-Maine
United Way of York County

Fiona Robinson (C) presents a check to Day One’s Kristen Cianelli (L) and Teri Welch (R).