**Highlights**

**Residential Services**
- Day One opened its third residential location in Hinckley, Maine, on the campus of Good Will-Hinckley, to complement its homes in Hollis and Buxton, increasing the capacity to 27 beds statewide for residential adolescent substance abuse treatment. Boys and girls ages 13-18 are housed in separate locations.
- Day One completed extensive renovations to the Residence at Buxton, converting an attached barn into a beautiful new space that includes a classroom, a counseling office, a bathroom, and a large group room.
- 74 clients received residential treatment during this fiscal year.
- 49 clients received ongoing counseling and support through Day One’s Aftercare Services after completing the Residential or Youth Development Center programs.

**Community-based Outpatient Services for Adolescents and Families**
- 530 clients were served through: Substance Abuse Evaluation, Individual, Group, & Family Therapy, the Intensive Outpatient Program, the Homeless Youth Project, and School-based Services.

**Prevention Services**
- Natural Helpers of Maine is a peer-listening program that gives students a place to turn in times of stress, trouble or substance abuse. 169 students and 14 adult facilitators from 7 high schools in Cumberland and York Counties were trained.

- Testimonials - Clients from Day One treatment programs regularly share their experience and their recovering lifestyle at schools, businesses, United Way rallies and civic organizations across Maine. This year clients provided 20 testimonials to 2,000 community members.

Pictured Above: Day One’s Residence at Hinckley. Day One opened its third long-term residential treatment center this year, to complement homes in Buxton and Hollis, Maine. The homes in Hinckley and Hollis serve boys ages 13-18 with intensive substance abuse concerns while the Buxton home serves teenage girls.
Board President Kevin Freeman, pictured at center, receives Crossroads’ Unsung Hero Award. Pictured with him are Day One’s Chief of Operations Lisa Munderback (L) and Crossroads Executive Director Shannon Trainor (R).

**Juvenile Justice Services**

- **Long Creek Youth Development Center** - Day One staff provide comprehensive substance abuse assessments on every youth committed to the Center. Day One clinicians provide a continuum of treatment interventions including individual, group and family counseling. They are an integral part of the clients’ unit treatment teams and also engage in case management to assist the clients in community reintegration. 47 youth were screened and assessed for substance abuse, and 91 youth were treated for their substance abuse issues through this program. In total, 101 youth were served.

- **Mountain View Youth Development Center** - Provides the same services as the Long Creek program. 18 youth and 65 young adults were screened and assessed and 36 youth and 65 young adults were treated for substance abuse issues. In total, 39 youth and 72 young adults were served.

**Evidence-based Programming**

- Day One programming incorporates several evidence-based practices to ensure that clients receive the most current and best services to meet their needs. These practices include The 7 Challenges; Aggression Replacement Training (ART); Motivational Interviewing; Cognitive Behavioral Therapy (CBT); PRIME for Life (PFL); Adolescent Community Reinforcement Approach (A-CRA); Client-Directed Outcome-Informed Therapy; Girls Circle; and Transition, Inspired, Empowered, Responsible (TIER) Program.
Day One staff attended The 7 Challenges Leadership Conference. This evidence-based practice promotes understanding among youth about the underlying cause of substance use. Pictured (L-R): Director of Residential and Corrections Services Caroline Raymond, Program Coordinator for Corrections Services Suzan Ackerman, The 7 Challenges Developer Dr. Robert Schwebel, Program Manager of Corrections Services Christine Grant, and Director of Residential Services at Hinckley Joanne Grant.
Community Supporters: $500+
Zander Abbott
AlliedCook Construction
Anthem Blue Cross and Blue Shield
Betsy & Dan Barrett
Biddeford-Saco Rotary Club
Fred & Janet Bishop
Emily & Alvin Bugbee, Sr.
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Community Allies: $250+
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Knights of Columbus
Leonardo's Pizza
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Mexicali Blues
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Otto
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Bernadette Pesce
Phillips-Green Foundation
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Maine Red Claws
Toby Rose
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Maine Police Chiefs Association
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Southern Maine Health Care
Ten Thousand Villages
Town of Buxton
Town of Gray
Town of Harpswell
Town of Standish
Treehouse Toys
Ellen & Jeff Van Fleet
Yale Cordage
Yarmouth H.S. Hockey Boosters
Anonymous

Over 50 shops participated in Portland Downtown District’s Shop for a Cause, donating a portion of their sales to Day One on Small Business Saturday.
Day One Donors July 1, 2014 - June 30, 2015

**Friends: $100+**
- Portland Sea Dogs
- Bob Ayotte
- Ross & Jo Anne Babcock
- Dawn Baker
- Stephen Booth
- Dana Burleigh
- Cape Elizabeth H.S. Boosters
- Cape Elizabeth H.S. Student Fund
- Diane & Dennis Carrillo
- Andrea Cayer
- Country Noel
- Dean Dakin
- Dietz Associates
- Dorcas Society of Hollis and Buxton
- Christine Flaherty
- Folia
- Kevin & Michelle Freeman
- Chief Edward Googins
- Christine Grant
- Head Games
- Inn by the Sea
- Ronald & Brenda Jackson
- Arleen & Jack Jensen
- Bruce Johnson
- Dr. C. Roger & Linda Kendrick
- Seth Kiernan
- Harry & Susan Konkel
- Matt Lancaster
- Penni Lee
- LeRoux Kitchen
- Sherrie Losier
- Maine Potters Market
- Material Objects
- James & Donna McAllister
- Juli McConnell
- Cheri McPhee
- Janis Moulle
- Mary Jean Moreau
- Motifs
- Katherine & David Mount
- Monique Murray
- Nappi Distributors
- New England Patriots, Inc.
- Tom & Liz O'Connor
- Old Port Candy Co.
- Old Port Card Works
- Larry & Lisa Plotkin
- Dr. Daniel & Nancy Ravin

**Helpers: up to $100**
- Aristelle
- Asia West
- Jeffrey & Kerri Berman
- Christine Blanchard
- Andrea Boland
- Janet Bouchard
- Emica Boutilier
- Peter Bowman
- Jane Bozek
- Patricia Brigham
- Scott Burnheimer
- Buxton Center Baptist Church
- Patricia Carignan
- Kristen Cianelli
- John Clancy
- Jonathan & Patricia Clark
- Dora Clements
- Coastal Maine Popcorn
- Cool As A Moose
- Christopher Corson
- Kim Croteau
- CS Boutique
- Bob Darling
- Dean's Sweets
- Colby Derrig
- Dobra Tea
- Edgecomb Potters
- Todd Zukowski & Lisa Esposito
- First Congregational Church of Buxton
- Joyce Gauthier
- George & Jane Gerrish
- Gorgeous Gelato
- Barbara & Bob Gould
- William Gross
- John & Kathy Heye
- Cathy & Brian Horne
- Jeffrey & Rebecca Howes justkim
- Michael Kiernan
- Nathan Kinney
- Phyllis Hewitt & John Kipp
- Elaine Lamm
- Richard & Nancy Lemieux
- Liberty Graphics
- Lisa Marie's Made in ME
- Love Cupcakes
- Maine Indoor Karting
- David McDermott
- Roy & Malinda McKinney
- Midnight Boutique
- Lingerie II
- Joanna Morrissey
- Randy Moser
- Lisa Munderback
- Megan Nickerson
- Melissa & Ned O'Connor
- Ollo Hair Salon
- One Longfellow Square
- Orange Leaf Yogurt
- Sam Pike
- Portland Symphony Orchestra
- Peter Reed
- Jeff & Susie Saffer
- Bill & Sylvia Searle
- Richard & Veronica Sheehan
- Heidi Silveira
- Something's Fishy
- Leo & Laurie Soucy
- Paul Stevens
- Sherry & Norm Tanguay
- Taylor McCormack & Frame, LLC
- The Fish & Bone
- The Leather Exchange
- Thelma Van Walbeck
- Vena's Fizz House
- Jill Vines
- Patty Vyr
- Erin Wieland
- Kenda Williams
- Adin Wolfgram
- Trish & Chris Yale
- Anonymous
Fiscal Year: July 1, 2014 through June 30, 2015

Revenue: $4,017,403

- Federal & State 85.3%
- Fundraising, Grants & Misc. 5.3%
- Program / Client Fees 4.9%
- United Ways 4.5%

Expenses: $3,919,937

- Residential Treatment 45.0%
- Community Based 22.2%
- Management & General 15.2%
- Juvenile Justice 15.8%
- Fundraising 1.5%
- Prevention 0.2%

Day One Board of Directors

President: Kevin Freeman, AlliedCook Construction
Vice President: L. Dennis Carrillo, Law Offices of Doyle & Nelson
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Matthew Lancaster, Mr. Bagel
Marc McDonald, Intermed
Dianne L. Nason, Key Private Bank
Rob Small, TD Bank
Samantha Warren, Congressman Bruce Poliquin
Susan York-Wilbur, Retired
Keynote Speakers: Chris & Kathi Sullivan
Chris is a former defensive lineman for the 2001 Super Bowl Champion New England Patriots. His wife Kathi lost her teenage daughter in a tragic accident involving alcohol.

Community Leadership Award: John Wolfgram
John is a Cheverus High School football coach and educator.

Community Vision Award: Andrea Cayer
Andrea is a retiring Cape Elizabeth High School Teacher and Day One Natural Helpers Adult Facilitator.

Making a Difference Award: Shelby Briggs
Shelby is the Community Health Promotion Specialist for Portland’s Overdose Prevention Project.

41st Annual Celebration – Presented by: KeyBank

The mission of Day One is to dramatically reduce substance abuse and address mental health needs among Maine youth to help them live productive, healthy and rewarding lives.

Day One is a partner agency of the United Way of Greater Portland, the United Way of Mid-Maine and the United Way of York County

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CALL 207.767.0991 or VISIT day-one.org

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